

Contact us

If you live in Worcestershire and want to change your alcohol and/or drug use, please contact us. We empower and support people to make positive changes.

Cranstoun Worcestershire operates the adult alcohol & drug recovery service across Worcestershire. We have a central hub in Worcester and deliver interventions across all six districts, including via our shared care scheme and community outreach locations.

Please contact our main Worcester hub to refer into our service and we will identify the closest location to you for help and support.

Worcester hub

T: **0300 303 8200**

E: cranstounworcsreferrals@cranstoun.org.uk

Secure email for partners:

cranstounworcsreferrals@cranstoun.org.uk.cjsm.net

Castle House, 14 Castle Street, Worcester
Worcestershire, WR1 3AD

Opening hours

We're open Monday to Friday 9am – 5pm.

We also deliver young people and family support services, so contact us to find out more.



www.cranstoun.org

We believe everyone should have the opportunity to live healthy, safe and happy lives.



cranstoun 

Central office

Thames Mews
Portsmouth Road
Esher
Surrey
KT10 9AD

T: 020 8335 1830

E: info@cranstoun.org.uk

www.cranstoun.org

Registered Charity No: 1061582

Registered Company No: 3306337

cranstoun 
Worcestershire



Empowering and
supporting people
to make positive changes

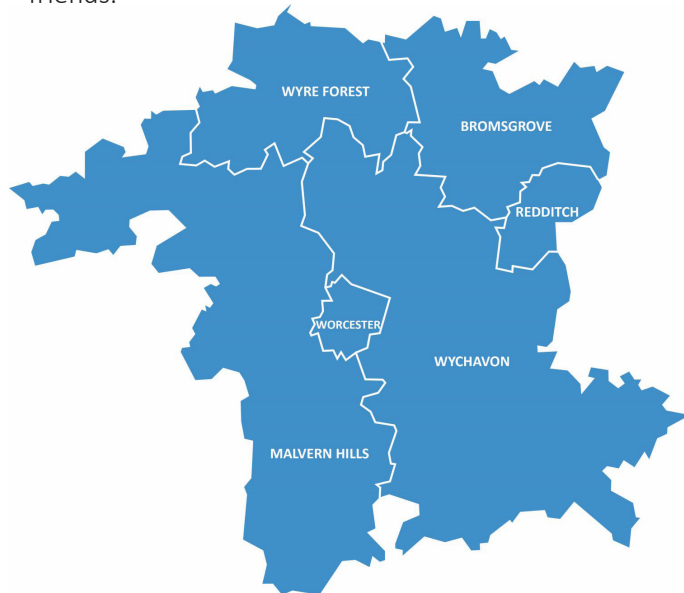
Do you want to be healthy, safe and happy?

We know that the occasional alcoholic drink can quickly become two or three glasses every night. Drinking alcohol can move from being an enjoyable activity to something that can damage your health, happiness and other areas of your life.

We also know that using drugs can be harmful, and can lead to difficulties with your health, housing, employment, money and family.

Cranstoun Worcestershire provides free and confidential advice and support to adults in Worcestershire who'd like to change their alcohol and/or drug use.

We empower and support people to make positive changes. We are here to help you, your family and friends.



How we help

We understand people need different support to be healthy, safe and happy.

If you'd like to talk about your alcohol and/or drug use, health and wellbeing, staying safe, or how you, your friends and family can make positive changes, we can help.

What we offer

Everyone needs different support to achieve their goals. We can create a tailored programme for you, using a range of options and interventions including:

- advice on how to achieve a healthy lifestyle
- setting individual goals for positive change
- harm reduction advice and how to stay safe
- health checks and screenings
- one-to-one support
- recovery-focused treatment and activities
- help during pregnancy
- group sessions
- services in your community
- prescribing, GP services and medical support
- shared care
- alcohol and drug detox
- needle syringe programme
- BBV services
- housing and benefit advice
- family information and support
- access to mutual aid
- peer mentor and volunteer training



Confidentiality

Cranstoun Worcestershire respects your right to privacy. We will explain to you how we keep things confidential.

Equal opportunities

The Cranstoun Worcestershire service is for adults over the age of 18. We do not discriminate against anyone and we promote equality and diversity in all our work.

Service user involvement

Our service users work with us to shape and develop Cranstoun Worcestershire. There are lots of ways to get involved, just ask!

Volunteers

Cranstoun Worcestershire has a number of volunteer roles, which can be flexible to suit you. If you would like to get involved, please ask your worker.