

MENTAL CAPACITY AND COMMUNICATION RESOURCES

LINKS TO MENTAL CAPACITY INFORMATION AND RESOURCES

Decision making profile

How I like to get information	How to present choices to me	Ways you can help me understand	When is the best time for me to make decisions?	When is a bad time for me to make a decision?



- ▶ [WSCP - Mental Capacity Act Briefing](#) - designed as a quick reference guide for work with young people.
- ▶ [Decision making profile tool](#) - created by Helen Sanderson Associates to support good practice in supporting decision-making
- ▶ [MENCAP Mental Capacity Act Resource Pack](#) - specifically designed to be read by parents.
- ▶ [Mental capacity and safeguarding advice](#) - produced by the Safeguarding Network and discusses capacity to consent to safeguarding actions.



Start ▶

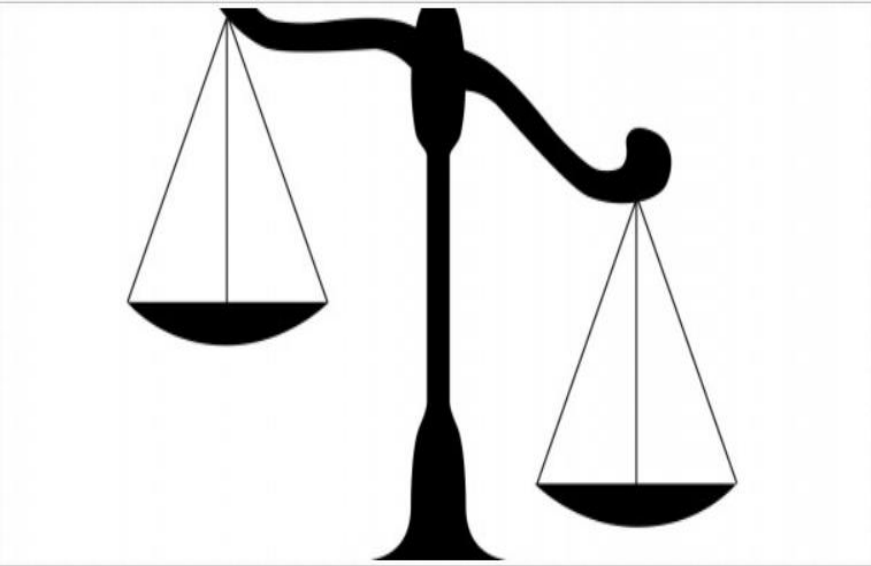
Mental Capacity Act resource pack

For family carers of people with a learning disability



LINKS TO MENTAL CAPACITY INFORMATION AND RESOURCES

- **Guides by 39 Essex Chambers:**
- [Carrying Out and Recording Capacity Assessments](#)
- [Relevant Information for Different Categories of Decision](#)
- [Making Best Interests Decisions](#)
- [The Inherent Jurisdiction](#)
- These are authoritative and with full referencing to case law



MENTAL CAPACITY AND TRANSITIONS WEBINARS



Changes on reaching age 18 - "The Cliff-Edge"

- Deprivation of liberty in 16–17-year-olds - Alex Ruck-Keen of 39 Essex Chamber leads a discussion on this important area of law.



Motivational interviewing: what it is and how you can use it in social work

New podcast includes improvised scenarios showing an MI approach in action

by Ruth Hardy on June 27, 2018 in [Inform Adults](#), [Inform Children](#)



COMMUNICATION RESOURCES

- [Overview of communication skills in Social Work](#) - A useful summary of different types of theories relevant to communication.
- [Motivational interviewing: what it is and how you can use it](#)

RELATED RESOURCES FOR YOUNG PEOPLE:

Using the Act

This group of chapters explains the five guiding principles that underpin the Mental Health Act, provides guidance on the definition of mental disorder, and highlights equality and human rights considerations in relation to the Act.

All those for whom the Code is statutory guidance, and those for whom it is beneficial, should be familiar with these introductory chapters and should always consider the five guiding principles when making all decisions in relation to care, support or treatment provided under the Act.

Chapter 1 Guiding principles

Chapter 2 Mental disorder definition

Chapter 3 Human rights, equality and health inequalities



The artwork on the front cover is 'Missed' by Chris Ridge, the overall winner of our competition for artwork for the Code and this page includes 'Seasons of the mind' by Joanna Simms. 'Missed' and 'Seasons of the mind' both illustrate the benefits of art therapy for people with mental health problems.



'Missed'
by Chris Ridge



'Seasons of the mind'
by Joanna Simms.

- [Citizen's Advice website on young people's rights](#)
- [NHS guidance on consent to treatment for children and young people](#)
- [Mental Health Act 1983 Code of Practice](#) - Chapter 19 discusses how to approach medical treatment for 16-17 year olds.
- [General Medical Council guidance on consent and capacity](#)