

Losing a loved one to suicide is an extremely traumatic experience. Our Bereaved by Suicide Service aims to ease the distress and improve the wellbeing of those in Worcestershire who have been bereaved by suicide. We provide emotional support, practical help and signposting to other organisations.

The service is **free** and **confidential** and is here for when you need it.

Phone: 01905 947933

Email: worcs.bbs@victimsupport.org.uk

www.victimsupport.org.uk/bereaved-by-suicide-services/

Our national Supportline service is available

24/7 on: 08 08 16 89 111

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Other sources of support

Help is at Hand is a national resource for people bereaved through suicide or other unexplained death, and for those helping them. Hard copies are available through Worcestershire's **Bereaved by Suicide Service** or you can view online at: **supportaftersuicide.org.uk/resource/help-is-at-hand**



Other forms of bereavement support are also available across Worcestershire. To find out more, visit:

worcestershire.gov.uk/info/20594/end_of_life_care_and_bereavement/1539/bereavement_support



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